Petitions are intoned at F and/or A

Andante \( \text{♩-88} \)

Anaphora

Third Mode

by Athanasios Karamanis (1909–)

and Hieromonk Gregory

of Simonos Petras Monastery

English Adaptation by Hieromonk Ephraim

Most holy Theotokos, save us.
To Thee, O Lord.

A - men.

And to thy spir - it.

I will love Thee, O Lord, my strength; the Lord is my foun - da - tion, and my ref - uge, and my de - liv - er - er.

Fa - ther, Son, and Ho - ly Spir - it: the Trin - i - ty one in es - sence and in - sep - ra - ble.

A mer - cy of peace, a sac - ri - fice of praise.
And with thy spirit.

We have them with the Lord.

We lift them up unto the Lord.

It is proper and right.

Holy, holy, holy, Lord of Sabaoth,

Heaven and earth are full of Thy glory. Hosanna in the highest.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

Amen.
Virtually all know the words of this psalm and they continue to sing it at every age, without knowing, however, the sense of what has been said.

This is not a small charge, to sing something every day, putting forth words from the mouth, without searching out the meaning of the thoughts residing in the words.

-St. John Chrysostom